

In the Claims:

Please cancel claim 1, amend claims 2 and 3 and enter new claim 4 as follows:

1. Cancelled

2. (Currently amended) An element as claimed in claim 4 1, characterised in that wherein the appendix is secured to the ends of the beam by riveting.

3. (Currently amended) An element as claimed in claim 4 1, characterised in that wherein the appendix is formed in one piece with the beam.

4. (New) An inverted T-beam comprising:

two ends and a central web;

at least one of its ends having an appendix formed from two portions of a different height, a first inner portion extending into a second outer portion, said outer portion having the lesser height and being bent to a V-shape comprising two parts forming the two legs of said V-shape, a first part being coplanar with the first portion and the second free part comprising a tooth obtained by cutting out and plastically deforming a part of the second part, the free end of the tooth substantially facing the end of the first portion, and

at least one aperture in the central web having a height substantially corresponding to the height of said outer portion of the appendix such that said aperture is suitable for the insertion and for the stable retention of the outer portion of the appendix of another inverted T-beam having an identical appendix by the tooth and the edge of the inner portion of said other inverted T-beam.